

BCP – Patient Advisory Group News Letter

February 2019



Your Practice. Your Care. Your Health.

BOLTON COMMUNITY PRACTICE PATIENT ADVISORY GROUP (PAG)



The next meeting of the PAG will take place on **Wednesday, 6th March 2019** at Waters Meeting Health Centre, commencing at 2.30 pm.

Mental Health Practitioners (MHPs)

We now have a timetable for our Mental Health Practitioners.

Astley Dale – Ian Hadlow is normally there on a Monday or Friday, but the day may change on a rota basis.

Ladybridge – Lesley Cosgrove will be there on a Wednesday afternoon.

Little Lever – Vicki May will be there on a Thursday morning.

Market Surgery – Lesley Cosgrove will be there on the last two Fridays of each month.

MHPs can see patients with the following:

- Low Mood & Depression, including Post Natal Depression
- Anxiety
- Psychosis
- Manic
- Substance Misuse
- Stress
- Bereavement
- Relationship Issues
- Self-harm
- Bi-polar
- Personality Disorder
- Schizophrenia

Health Improvement Practitioners (HIPs)

All our sites also now have a dedicated Health Improvement Practitioner.

Astley Dale – Mohmed Patel will be there every Friday afternoon and two Monday mornings per month.

Ladybridge – David Lilley will be there every Wednesday and Friday afternoon.

Little Lever – Zoe Chadwick will be there every Thursday and Mohmed Patel will also

be there two Monday mornings each month.

Market Surgery – David Lilley will be there every Friday morning.

HIPs can see patients who:

- Have a high risk of Cardio Vascular Disease (20% risk or over, which will have been identified at a previous NHS health check)
- Are at risk of alcohol harm (have scored over 5 on an audit C)
- Are on the cardiovascular disease register for their annual review
- Are at risk of developing diabetes
- Are eligible for an NHS health check
- Would like smoking cessation advice
- Would like help with their weight management/cholesterol management
- Are diabetic and on metformin ONLY or have diet-controlled diabetes

Practitioner Appointments

If you would like to talk to the Practitioners, you can book an appointment with them at your surgery, you don't have to be referred by a GP.