

# Bolton Community Practice – Patient Bulletin

## 7 December 2020

Issue 9

### BOLTON COMMUNITY PRACTICE PATIENT ADVISORY GROUP (PAG)



#### New GP

We would like to welcome Dr Lydia Arnold who joined BCP recently.

Lydia is no stranger to Bolton as, after graduating from the University of Manchester Medical School, she did her Foundation and GP training in Bolton.

Lydia then spent a few years working as a GP in Melbourne, Australia before returning to Manchester and joining BCP. She enjoys the variety of work as a GP and the continuity of care, as well as being the first point of contact for patients.

Away from the surgery, Lydia enjoys travel, running, walking, and listening to music.

#### Ear Syringing Clinics

Due to the COVID 19 pandemic, NHS ear syringing clinics have been cancelled or deferred and ear syringing is not available from the NHS at present.

BCP have been made aware of the following **private** ear syringing service and feel that this information may be useful in the current pandemic.

Halliwell Late Night Pharmacy are running a weekly clinic, they are also able to offer home visits and same day appointments for emergencies. Tel 01204 548854.

There are other private services available and you may wish to access an alternative.

#### Christmas with the Family

Between 23<sup>rd</sup> and 27<sup>th</sup> December:

- you can form an exclusive 'Christmas bubble' composed of people from no more than three households;

- you can only be in one Christmas bubble;
- you cannot change your Christmas bubble;
- you can travel between tiers and UK nations for the purposes of meeting your Christmas bubble;
- you can only meet your Christmas bubble in private homes or in your garden, places of worship, or public outdoor spaces;
- you can continue to meet people who are not in your Christmas bubble outside your home according to [the rules in the tier you are meeting in](#);
- if you form a Christmas bubble you **should not** meet socially with friends and family who are not part of your Christmas bubble, in either your home or your garden.

You should travel to meet those in your Christmas bubble and return home between the 23<sup>rd</sup> and 27<sup>th</sup> December. Anyone travelling to or from Northern Ireland may travel on the 22 and 28 December.

#### Christmas Opening Times

BCP will be closed from 25<sup>th</sup> to 28<sup>th</sup> December inclusive and are also closed on 1<sup>st</sup> January 2021.

Normal opening hours will resume on 2<sup>nd</sup> January 2021.

Please make sure that you allow enough time to order your repeat prescriptions to cover the Christmas period.

#### BCP Contact details (01204 463444)

BCP website: (Bolton Community Practice)

<https://www.boltoncommunitypractice.nhs.uk/>

BCP email: (Bolton Community Practice)

[bolton.communitypractice@nhs.net](mailto:bolton.communitypractice@nhs.net)

*Best Wishes for Christmas and  
for a happier and healthier  
New Year*

